



## Sharenting

### Description

#### What is Sharenting:

- Sharenting means sharing + parenting. It refers to the practice of parents sharing information about their kids on the internet.
- With the increasing number of smartphones, more and more parents are sharing information about their kids on social media platforms.

#### Benefits:

- Sharenting can help new parents. First-time parents can learn so much about handling their babies with the help of the content shared by other parents on social media platforms.
- It can also create a sense of community and can act as a virtual support system for parents.
- It can act as a digital scrapbook for the kids. Parents can document their children's achievements and daily activities, which some parents describe as collecting memories.

#### Negative side:

- There has been an increase in the incidences of misusing pictures and videos because of the rapid advancements of Artificial Intelligence (AI) in the past few years. So, sharing the pictures and videos may have negative consequences.
- Sharing information about kids such as their full names and the name of the school they study in, can pose a danger to their safety.
- Cyberbullying is a common phenomenon in the present times. Kids may not have the emotional intelligence to cope with these things. Moreover, constant exposure to the online world may affect the mental health of children.
- In the future, they may not like the fact that their childhood pictures and videos are available on the internet.



### **Way forward:**

- Parents should be cautious while sharing information about their children's lives online. They should avoid revealing sensitive information, such as full names, school names etc. Moreover, they need to take the consent of their kids before sharing their information online.
- Parents need to educate themselves about the potential negative consequences of sharenting so that they can make informed decisions.

### **Conclusion:**

Sharenting is beneficial for parents to create a virtual support system and also to document their children's lives. But it also has various risks. Parents need to educate themselves about the potential negative consequences so that they can make informed decisions while sharing information about their kids.

### **Your Turn...**

What are your thoughts on this sharenting? Express your point of view in the comment section below. Subscribe to our blog to read answers to the trending GD topics.

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